



Statistics Report 01303, Cream, half and half, lowfat

Report Date: July 16, 2017 19:17 EDT

Nutrient values and weights are for edible portion

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Calcium, Ca	mg	133	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	07/2015
Iron, Fe	mg	0.00	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	07/2015
Magnesium, Mg	mg	10	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Phosphorus, P	mg	95	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Potassium, K	mg	132	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Sodium, Na	mg	50	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	07/2015
Zinc, Zn	mg	0.39	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Copper, Cu	mg	0.009	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Selenium, Se	µg	3.2	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Vitamins													
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	07/2015
Thiamin	mg	0.030	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Riboflavin	mg	0.194	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Niacin	mg	0.109	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin B-6	mg	0.050	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Folate, total	µg	3	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Folic acid	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Folate, food	µg	3	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Folate, DFE	µg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2015
Choline, total	mg	18.7	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Vitamin B-12	µg	0.19	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Vitamin A, RAE	µg	47	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2015
Retinol	µg	46	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Carotene, beta	µg	11	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Vitamin A, IU	IU	170	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2015
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Vitamin E (alpha-tocopherol)	mg	0.12	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	07/2015
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin D	IU	1	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Vitamin K (phylloquinone)	µg	0.6	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Lipids													
Fatty acids, total saturated	g	3.276	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2015
4:0	g	0.119	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
6:0	g	0.097	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
8:0	g	0.061	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
10:0	g	0.146	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
12:0	g	0.169	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
14:0	g	0.553	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
16:0	g	1.544	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
18:0	g	0.588	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Fatty acids, total monounsaturated	g	1.526	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2015
16:1 undifferentiated	g	0.118	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
18:1 undifferentiated	g	1.398	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
20:1	g	0.010	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Fatty acids, total polyunsaturated	g	0.257	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2015
18:2 undifferentiated	g	0.224	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
18:3 undifferentiated	g	0.020	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
20:4 undifferentiated	g	0.009	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
20:5 n-3 (EPA)	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
22:5 n-3 (DPA)	g	0.003	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	07/2015
Cholesterol	mg	17	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	07/2015
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	01049	07/2015